

Muskan Choudhary
Ghaziabad, Uttar Pradesh, India

OBJECTIVE

To utilize my writing flair, research competence, knowledge and practical skills to develop distinct and quality content as per requirement.

EDUCATION

- **Advanced Diploma in Child Guidance and Counseling** | National Institute of Public Cooperation and Child Development (NIPCCD), Hauz khas, New Delhi | 2018
- **MA (Applied Psychology)** | Gautam Buddha University , Greater Noida , UP | 2017 | 8.69 CGPA
- **BA (Psychology Major)** | IGNOU, New Delhi | 2015 | 1st division
- Intermediate | CBSE board | 2011 | 2nd division
- High school | CBSE board | 2009 | 1st division

SKILLS

- ✚ Creative writing
- ✚ Good command over the subject and various niches
- ✚ Out of box thinking
- ✚ Strong research skills
- ✚ Meeting deadlines
- ✚ Deliver quality and unique content
- ✚ Working collaboratively with the different stakeholders
- ✚ Individual counseling and group counseling
- ✚ Conducting life skill sessions
- ✚ Planning School mental health program
- ✚ Career guidance and Counseling including career workshops, assessment, Career Guidance and counseling
- ✚ Assessments and planning interventions: Psycho-educational assessment (informal), Intelligence and adaptive behavior
- ✚ Screening Learning difficulties, scholastic backwardness and childhood disorders and making appropriate referrals.
- ✚ Conducting workshops for students, teachers and parents

VOLUNTEER, DPS Indrapuram
Worked with Special need department

Oct 2018- Feb 2019

INTERNSHIP, ST. MARY'S SCHOOL
Safdarjung Enclave, Delhi

July 2018-Sep 2018

- Planning and execution of life skill sessions
- Educational assessment (Screening learning difficulties)
- Career assessments and counseling
- Career bank development and career workshops planning
- Adaptive Behavior assessment
- Worked with special need children as classroom supervisor
- Invigilated long review exams of children with special needs
- Assisted in planning parent workshops
- Attended special education session of primary school

FIELD WORK

<p>Field Work Placements (Advanced Diploma in Child Guidance and Counseling)</p> <ul style="list-style-type: none"> • School: Gargi Sarvodaya Kanya Vidyalaya, Green Park Extension, New Delhi 		<p>Work Undertaken</p> <ul style="list-style-type: none"> ▪ Studying the School from a 'Systems Perspective' ▪ Conducting Developmental Group Work/Life Skills with Adolescents ▪ Studying the Micro Processes of Preschool Education ▪ Studying the Micro Processes related to Special Education
<ul style="list-style-type: none"> • Children's Institution: Bal Sahyog Children's Home, Connaught Place Delhi 	<p>:</p>	<p>Work Undertaken</p> <ul style="list-style-type: none"> ▪ Studying Children's Institution from the Right's Perspective ▪ Understanding of implementation process of JJ Act ▪ Implementing Supportive Intervention for Children in Difficult Circumstances: <ul style="list-style-type: none"> ➤ Conducted life skills sessions ➤ Developed aids to promote all round development of the children & Orientation workshop of staff members. ▪ Practice Skills of Individual Counseling. ➤ Cognitive Behavior Therapy ➤ Play Therapy ➤ Social Skills Training
<ul style="list-style-type: none"> • Clinic- ➤ Child Guidance Centre 	<p>:</p>	<p>Work Undertaken</p> <ul style="list-style-type: none"> ▪ Case History

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| | | <ul style="list-style-type: none"> ▪ Play Observations ▪ Assessment of Adaptive Behavior ▪ Educational Assessment ▪ Functional Assessment ▪ Parental Guidance and Counseling ▪ Career assessment and counseling ▪ Integrating Assessments |
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AWARDS /ACHIEVEMENTS

2018

- Attended workshop on **Specific Learning Disabilities Awareness** organized by Orkids and GGIEP, Delhi (5th October, 2018)
- Attended **National workshop on “Child Safety and Role of Psychological Assessment in schools”** organized by Association of Clinical Psychologists, Delhi-NCR (Sept. 30th, 2018)

2016

- Attended Training Workshop On “ **Innovative approaches in the treatment of Mental Health Difficulties in Adolescents & Adults**” at Moolchand Medcity, New Delhi (December 24, 2016)
- Attended 2nd International Conference of Indian Academy of Health Psychology (December 16-18, 2016)
- Attended **workshop on SOMATIC INKBLOT SERIES TEST** conducted by Dr. B.L.Dubey (December 15, 2016)
- **One month Internship** in Santosh Medical College & Hospital, Ghaziabad (June 2016)
- Attended CRE program “ **Applications of Neuro-feedback Therapy among Patients with Neuro-Psychiatric Conditions**” (March 03-05,2016)

2015

- **Two month internship** in Santosh Medical College & Hospital, Ghaziabad (February-march, 2015)

2014

- Attended CME on “**Mental Health Treatment Camp on world Mental Health Day**” held at IMA House Noida (10th October 2014)

- Attended 3rd International conference on Psychology & Allied Sciences in Amity, Noida (25-27 September,2014)
- Attended conference on “**stress reduction Skills : Scientific Update**” organized by AIIMS, New Delhi (30-31 August 2014)
- Attended Symposium on “**Child Sexual Abuse –Prevention & Response**” (7th June 2014)
- **Four month internship** in Santosh Medical College & Hospital, Ghaziabad (February-May,2014)
- Attended CME on “**Identifying Children with Special Needs in Office Practice**” held in SMCH Ghaziabad (1st February 2014)

INTERESTS

Reading books, craft, cooking and travelling

PERSONAL INFORMATION

Date of Birth: 20 October, 1994
Father's Name: Mr. B.D.Choudhary
Address: Ghaziabad, Uttar Pradesh, India
Language Hindi & English